



NORTH YORKSHIRE COUNCIL
Pickering Community Junior School

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Friday 12th June

Dear Parents/Carers,

I am writing to you to inform you about your child's upcoming Relationships and Sex Education lessons. As part of our school's Personal, Social, Health and Economic (PSHE) education lessons, children are taught the statutory Relationships and Sex education, which will be taught within our 'Changing Me' unit. Children can not be withdrawn from relationships education – which, as stated in our RSE policy, *'teaches children about puberty and children learn how their bodies and emotions will change as they approach this part of their life'*, however they can be withdrawn from Sex Education.

On **Thursday 9th July**, we will be teaching our Relationships and Sex Education lesson.

The children will:

1. Recap the changes that happen to boys and girls within puberty - **statutory lesson**.
2. Learn about human reproduction and conception – **you can withdraw your child from this part of the lesson**.

All PSHE teaching takes place in a safe learning environment, underpinned by our school ethos 'To Care.' During these lessons, children will be watching the following 'busy body' animations:

1. Busy Bodies Introduction
2. Changes at puberty
3. What happens to boys?
4. What happens to girls?
5. How are babies made?

If you would like to watch these videos so that you can view the content of the lesson, you can find these videos online by searching 'HSE Busy Bodies animations'. Prior to these lessons, children will have the opportunity to post any questions that they have about this subject area anonymously within a class 'ask it basket'. Your child's class teacher will answer these honestly and scientifically. Naturally, your child may have some questions following these lessons, that they would like to ask at home.

Additional information to support with conversations at home can be found at <https://ie.lil-lets.com/advice/advice-for-parents> or <https://tampax.co.uk/en-gb/period-health/talking-to-your-daughter-about-puberty/>. In addition to these websites, books such as Usborne's "What's Happening to Me?" can be purchased.

If you **do not** wish for your child to partake in the sex education lesson, please complete the following slip and return to your child's class teacher by **Friday 3rd July**.

I do not give permission for my child _____ to take part in the Sex Education lesson on Friday 9th July.

Signed: _____



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