

PE Curriculum Map at Pickering Junior School 2025 – 26

Year A

Year 3 and 4						
Year 3/4 A	Swimming	Swimming	Real Gym (travel and rotation)	Real PE Unit 4	Real Dance	Real PE Unit 5
	Swimming	Swimming	Netball/benchball	Tag Rugby	Athletics	Rounders
Year 3 / 4 B	Team building Real PE unit 4	Real Gym (travel and rotation)	Swimming	Swimming	Real Dance	Real PE Unit 5
	Netball/Benchball	Tag Rugby	Swimming	Swimming	Athletics	Rounders
Year 3 / 4 C	Team building Real PE unit 4	Real Gym (travel and rotation)	Real Dance	Real PE Unit 5	Swimming	Swimming
	Netball/Benchball	Tag Rugby	Athletics	Rounders	Swimming	Swimming

Years 5 & 6						
Year 5/6 A	Term 1 Cognitive	Term 2 Creative	Term 3 Social	Term 4 Physical	Term 5 Health & Fitness	Term 6 Personal
	Team games/team building	Real Gym (hand apparatus & low apparatus)	Real PE Unit 1	Real Dance	Real PE Unit 2	Real PE Unit 3
	Netball	Tag Rugby	Health and Fitness	Orienteering	Athletics	Rounders

PE Curriculum Map at Pickering Junior School 2025 – 26

Year B

Year 3 and 4						
	Swimming	Swimming	Real Gym (flight and balance)	Orienteering/problem solving	Real Dance	Real PE Unit 2
	Swimming	Swimming	Football	Hockey	Athletics	Cricket
Year 3 / 4 B	Real Gym (flight and balance)	Real PE unit 2	Swimming	Swimming	Real Dance	Orienteering/problem solving
	Football	Hockey	Swimming	Swimming	Athletics	Cricket
Year 3 / 4 B	Real Gym (flight and balance)	Real PE Unit 2	Real Dance	Orienteering/problem solving	Swimming	Swimming
	Football	Hockey	Cricket	Athletics	Swimming	Swimming

Years 5 & 6						
Year 5/6 B	TerYearm 1 Cognitive	Term 2 Creative	Term 3 Social	Term 4 Physical	Term 5 Health & Fitness	Term 6 Personal
	Team games/team building	Real Gym (partner work & high apparatus)	Real PE Unit 4	Real Dance	Health and fitness	Real PE Unit 5
	Football	Hockey	Dodgeball	Orienteering	Cricket	Athletics