

Carlton Lodge Activity Centre



Adventure



Learning



Discovery

Welcome to Carlton Lodge

Judith Worrall- Bookings Manager

We are an activity Centre-Located in the village of Carlton Miniott in the outskirts of Thirsk

North Yorkshire

- Self-contained accommodation
- Range of outdoor and adventurous activities
- Set in large woodland grounds with a lake
- Open all year round.



Carlton Lodge residential quiz

(Make sure you watch the presentation carefully so you will know the answers)

- What time is breakfast?
- What do you need to remember for lunch on your 1st day?
- How many activities do you get?
- What do they call our rope bridge and why?
- What do you need to do when packing your case for your residential?
- How many smiley faces can you see?



A Birds Eye View



12 acres of grounds



Tranquil hideaway
surrounded by trees,



Lake for activities on site



Conservation areas

LOTC Quality Badge



Carlton Lodge holds the LOTC Badge - Learning Outside the Classroom is the use of places other than the classroom for teaching and learning. It is about getting children and young people out and about, providing them with challenging, exciting and different experiences to help them learn.



Benefits of Learning Away

- Fully inclusive.

If you have any concerns about cost, physical, learning difficulties or dietary needs

(please ensure any helpful information is passed onto your teachers)

- Programme run to meet 'Teachers' objectives'
- Learning can be reinforced back in the classroom
- Builds Confidence before secondary school

The accommodation



Sports



Lakehouse

Your school will be in the Sports & Lakehouse.
You will have sole occupancy of their accommodation and each building has its own bathroom and kitchen facilities.

No excuse for the teachers not to make hot chocolate for supper.



Now for the energy information

Breakfast- 8am

- Fresh orange juice
- Cereal
- Cooked breakfast
- Toast



Seconds are allowed as long as there is some left for your teachers



Packed lunch 12.30pm-1.30pm

- Sandwiches with a choice of filling
 - Packet of crisps
 - Piece of homemade cake
 - Fruit
- Don't forget your packed lunch on your 1st day, please bring a reusable lunch box and drinks bottle.



Evening meal 5.15pm- two choices each evening.

Day 1

- Pasta Bolognese and salad
- Baked potato, beans & cheese
- Treacle sponge and custard

Day 2

- Roast dinner with Yorkshire puddings
- Cheese and onion flan
(both served with roast potatoes and seasonal vegetables)
- Ice cream and fresh fruit salad

❖ *This is a sample menu; it will be subject to change.*

***Specific dietary needs can be catered for with
prior notice.***



Inclusive 3-day On-site package



What this means- everything is included apart from lunch on the 1st day

Day 1 - 2 activities + 1 evening activity

Day 2 - 4 activities + 1 evening activity

Day 3 - 2 Activities

= 10 activities altogether



What activities will we be doing?

Lakehouse & Sports Building

Pickering

Grp	Wednesday			Thursday					Friday	
	13:30	15:00	19:00	09:30	11:00	13:30	15:00	19:00	09:30	11:00
1	PS	Arch	NW	HR		Can	Raft	Scav	BC	CW
2	BC	CW	NW	HR		Raft	Can	Scav	PS	Arch
3	HR		NW	Can	Raft	Arch	PS	Scav	CW	BC
4	HR		NW	Raft	Can	CW	BC	Scav	PS	Arch
Activities Key;	PS - Problem Solving	Arch - Archery	NW - Night Walk	HR - High Ropes	Can- Canoeing	Raft - Raft Building	Scav - Scavenger Hunt	CW - Climbing Wall	BC - Bush craft.	

Onsite water sports



Kayaking



“Elvis” our rope bridge



Raft building



Canoeing



Onsite dry activities



Bushcraft, dare you eat the bugs on offer?

Climbing wall & High ropes.



Set of Waterproofs

2 Warm jumpers

2 Jogging bottoms

(old ones for watersports, one for warm)

Plenty of T-shirts, socks and underwear

Hat and gloves in cold weather

Shorts and Sun cream for warm weather

2 Towels

(one for showering, one for watersports)

2 Trainers

(old pair for watersports, one pair for dry)

Torch

Plenty of hair bobbles

Plastic bag and bin liner

Usual washing items

Kit list

Carlton Lodge provides all specialist equipment

In addition, 'normal' clothing is needed for free time.

Swim wear for watersports

Don't forget to help pack your case so you know what goes in it. 😊

Staffing ratios

(Group of 12 Inc. participating school staff)

On site dry activities 1 Instructor : 12

On site water sports 2 Instructors : 12

Off site dry activities 2 Instructors : 12

The instructing staff are responsible for the delivery of activities and there is a clear hand over of responsibility back to school staff at the end of the session.

*During free time school staff are responsible for their group.
Your group will have a Duty Manager assigned to them.*

Education and development

- Teamwork
- Communication
- Cooperation
- Self-confidence
- Self-esteem
- Leadership
- Life Skills
- Resilience
- Build Relationships
- Sense of Achievement
- Engagement

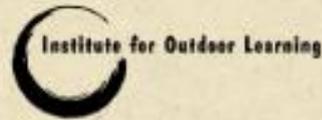
Health and Safety



Climbing, Caving
& Watersports
TEL: 02920 755 715



LEARNING
OUTSIDE THE
CLASSROOM



Risk assessments

Staff qualifications – NGBs (National governing body)

Working practice – Staff ratios, How sessions are run, Equipment checks

Insurance

Public liability – £5m, Employer's liability - £10m

Health and Safety

- NYCC LEA approval
- NYCC Food Hygiene Inspections
- Annual Fire Audit
- Domestic Risk Assessment
- All staff are DBS checked

Carlton Lodge residential quiz

- What time is breakfast? 8am
- What do you need to remember for lunch on your 1st day? Packed lunch
- How many activities do you get? 10
- What do they call our rope bridge and why? Wibble wobble because you get wobbly legs.
- What do you need to do when packing your case for your residential? Put your name on all items and pack with whoever is packing your case.
- How many smiley faces did you see?



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And finally...

It's Education and Development, plus...

- Fun packed days and memories for lifetime.
- Why not visit our Facebook page or website- carltonlodge.org.uk

Any Questions?

Please feel free to chat to me afterwards if you don't want to ask in front of everyone.

