



NORTH YORKSHIRE COUNCIL
Pickering Community Junior School

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Dear Parents and Carers

During the spring term, your child will be having both their Forest School and cookery lessons on the following day:

Year 3 cookery timetable	
Mrs Devine's class	11 th March
Mrs Morris' and Mrs Metcalf's class	7 th January
Mrs Morris' and Mrs Metcalf's class (lesson 2)	25 th March The recipe for this will be sent out at a later date

On this day, your child will be making fruit smoothies and therefore will need to bring in the following ingredients:

- 100g strawberries or raspberries
- 1 banana
- 300ml orange or cranberry juice

Children need to bring their ingredients in a named bag and take it into their classroom. Please can you make sure that your child brings a suitable leak-proof container, to transport their smoothie home. Please send a clean apron too, if the children have one.

On this day, please also ensure that they bring a bag containing suitable clothing for their Forest School session: **wellies, a waterproof coat and hats/gloves if necessary.**

Yours sincerely

Mrs Morris and Miss Holmes

